



#WhatMattersToMe5

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# Living Minimally Without Sacrificing It All

## FOUNDATION

- Pure needs and select wants.
- Total control of your life is realized with the purchases you choose.
- Beautiful things make life meaningful.
- Organization occurs when the # of items fits the space.

## YOUR PATH

- Find your “Why”
- Commit to putting in the work.
- A buying moratorium
- Hit re-set and declutter.

## THE PERKS

- Save time.
- Save money.
- Serve our communities.
- Cultivate mindfulness.
- Liberate your soul.

# Do's and Don'ts



## **DON'T**

Double up on hangers.

## **Do**

Find the right amount of clothing items to fit your space.



# Do's and Don'ts



## **DON'T**

Invest in drawer effortful organization systems.

## **Do**

Make make emptying the dishwasher a cinch.



# Do's and Don'ts



## **DON'T**

Sort by category every single item in your playroom.

## **Do**

Use baskets to set limits for the amount of items are allowed within a space.



# References

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